INTRODUCTION

ABOUT THIS GUIDE

The many community partners that serve youth and families want to do their best to support Poudre School District (PSD) school leaders and staff by ensuring they can connect students and families to relevant support resources.

While there are resources in the community designed to inform school staff about services, there remains a gap in information. To help bridge this gap and meet an immediate, identified need, the following compilation of resources was created to help principals and school staff easily find information about community resources in three key domains (Social and Emotional Support, Enrichment Activities, and Basic Needs).

This guide:
- is designed for school principals and staff.
- provides links to currently available resources that provide services within the PSD boundary.
- builds on existing information already available.
- is focused on services for youth and families generally, unless specifically noted.
- provides resources as a public service only. PSD does not endorse or recommend one organization over another.

The guide is not a comprehensive list of resource in the community, but rather is designed to direct PSD principals and staff to resources that align with needs occurring in their schools. As this is a first iteration of this resource, feedback will be sought about how useful it was and ways it could be improved.

HOW TO USE THIS GUIDE

This document is interactive. Hyperlinks can be found throughout that will help to navigate within the document or access external web resources. This guide is organized into three main domains:
- Social and Emotional Support
- Enrichment Activities
- Basic Needs

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SOCIAL AND EMOTIONAL DEVELOPMENT

Social and Emotional Development refers to the skills necessary to foster secure attachment with adults; maintain healthy relationships; regulate behavior and emotions; and develop a healthy concept of personal identity and executive functioning. Positive social and emotional development provides an important foundation for lifelong development and learning. Social and Emotional Development includes mental health, crisis counseling, physical/sexual abuse and neglect, LGBTQ resources, and diversity programs and services.

02 Mental Health
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MENTAL HEALTH

The PSD Mental Health Team offers a comprehensive approach to serving students and families by blending school resources with community resources. School-based and school-linked programs provide students with early intervention, crisis intervention, prevention, and treatment to address their specific needs.

See www.psdschools.org/student-assistance-services for more information about the PSD mental health services.

The following are external resources that can be accessed directly.

Center for Family and Couple Therapy (CSU)

Services Provided: Therapy services to families, couples, individuals, adolescents, and children.

Sliding scale fees.

Health District of Northern Colorado - Mental Health Connections

Services Provided: Information on counseling and treatment options, referrals to local counselors, treatment programs, classes, support groups and other services tied to mental health issues.

Services are free except for counseling, which is low-cost and based on ability to pay.

Bilingual services available.

Also see Substance Abuse and Health and Emergency Services.

Mountain Crest Behavioral Health Center (UC Health)

Services Provided: Comprehensive mental health assessments and treatment programs for adolescents, adults, senior citizens, and families. Inpatient and outpatient programs are available.

Also see Substance Abuse.

See www.cfct.chhs.colostate.edu for more information about the PSD mental health services.
## Salud Family Health Center

**Services Provided:** Screening for stressors and immediate support and/or referrals as necessary. Mobile health unit provides comprehensive medical services. Also provides outreach to migrant school age children with immunization, dental care, and medical services.

- Sliding scale fees.
- Bilingual services available.

Also see [Health and Emergency Services](#).

<table>
<thead>
<tr>
<th>Website:</th>
<th>Medical Hours:</th>
<th>Phone:</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.saludclinic.org">www.saludclinic.org</a></td>
<td>Monday – Wednesday, 7:30am – 7pm</td>
<td>970-484-0999</td>
</tr>
<tr>
<td></td>
<td>Thursday, Friday, 7:30am – 5pm</td>
<td>24-hour access to a health provider by phone: 303-MYSALUD (697-2583)</td>
</tr>
<tr>
<td>Two Locations:</td>
<td>Dental Hours:</td>
<td></td>
</tr>
<tr>
<td>1635 Blue Spruce Drive</td>
<td>Monday – Friday, 8am – 5pm</td>
<td></td>
</tr>
<tr>
<td>Fort Collins, CO 80524</td>
<td></td>
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<tr>
<td>1830 Laporte Avenue</td>
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<tr>
<td>Fort Collins, CO 80521</td>
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## SummitStone Health Partners

**Services Provided:** Counseling and family support services focused on mental and behavioral health issues and concerns.

- Bilingual services available.

Also see [Crisis Counseling](#).

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<thead>
<tr>
<th>Website:</th>
<th>Medical Hours:</th>
<th>Phone:</th>
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</thead>
<tbody>
<tr>
<td><a href="http://summitstonehealth.org">http://summitstonehealth.org</a></td>
<td>Monday - Friday, 7:30am - 5:00pm</td>
<td>970-484-0999</td>
</tr>
<tr>
<td>Location:</td>
<td>Dental Hours:</td>
<td>24-hour access to a health provider by phone: 303-MYSALUD (697-2583)</td>
</tr>
<tr>
<td>Child and Family Services</td>
<td>Monday – Friday, 8:30am – 4:30pm</td>
<td></td>
</tr>
<tr>
<td>2001 S. Shields Street</td>
<td></td>
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<tr>
<td>Building K</td>
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<tr>
<td>Fort Collins, CO 80526</td>
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## Turning Point Center for Youth & Family Development

**Services Provided:** Short- and long-term programs for behavioral, and/or mental health treatment and direct clinical intervention services to address behavioral health.

- Free and sliding scale fee.
- Bilingual services available.

Also see [Mentoring](#), [Crisis Counseling](#), and [Substance Abuse](#).

<table>
<thead>
<tr>
<th>Website:</th>
<th>Medical Hours:</th>
<th>Phone:</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.turningpnt.org">www.turningpnt.org</a></td>
<td>Monday – Friday, 8:30am – 6:30pm</td>
<td>970-221-0999</td>
</tr>
<tr>
<td>Location:</td>
<td></td>
<td>Turning Point Referral Line: 970-567-6461</td>
</tr>
<tr>
<td>1644 S. College Avenue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fort Collins, CO 80525</td>
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</tbody>
</table>
### Alliance for Suicide Prevention of Larimer County

**Services Provided:** Information about suicide prevention, lending library, support group referral, community resources and free educational programs for adults and youth, through RAPP, a school-based suicide education and prevention program and grief support groups.

Not a crisis center.

**Website:** [http://allianceforsuicideprevention.org](http://allianceforsuicideprevention.org)

**Location:**
1100 Poudre River Drive
Suite B
Fort Collins, CO 80525

**Phone:** 970-482-2209

**Additional Crisis Resources:**
- National Suicide Hotline: 1-800-273-TALK (8255)
- Colorado Crisis Support: 1-844-493-TALK (8255)

### Crossroads Safehouse

**Services Provided:** Safe emergency housing for victims of domestic abuse, crisis intervention, legal assistance, transitional housing, education, information and referral services.

Free.

Bilingual services available.

Also see Physical/Sexual Abuse and Neglect and Legal Services.

**Website:** [www.crossroadssafehouse.org](http://www.crossroadssafehouse.org)

**Location:**
P.O. Box 993
Fort Collins, CO 80524

**Hours:**
Monday – Friday, 9am – 5pm
Emergency shelter and assistance available 24 hours a day, seven days a week.

**24/7 Crisis/Info Line:**
970-482-3502

**Toll-free Crisis Line:**
1-888-541-SAFE (7233)

### Larimer County Children, Youth and Family Services - The Hub

**Services Provided:** Services to youth (ages 0-18) and their families including: child protection screening and assessment, detention, early intervention services, individual and/or family counseling, 24-hour assistance in investigating allegations of child abuse and neglect.

Free.

Bilingual services available.

**Website:** [www.larimer.org/humanservices/hub/](http://www.larimer.org/humanservices/hub/)

**Location:**
2555 Midpoint Drive
Suite F
Fort Collins, CO 80525

**Walk-in Hours:**
Monday – Thursday, 8am – 9pm
Friday, 8am – 5pm
The Hub is staffed 24-hours a day, 7 days a week, by a team of intake specialists.

**To report child abuse or neglect:**
970-498-6990
## Sexual Assault Victim Advocate (SAVA) Center

**Services Provided:** Crisis hotline, direct services, medical and legal advocacy to help sexual assault survivors understand their rights and options. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults.

Sliding scale fees.

Bilingual services available.

Also see [Physical/Sexual Abuse and Neglect](#).

| Website: [http://savacenter.org](http://savacenter.org) |
| Location: 4812 S. College Avenue Fort Collins, CO 80524 |
| Hours: Monday – Friday, 8:30am – 5pm |
| Phone: 970-472-4204 |
| 24-Hour Rape Crisis Hotline: 970-472-4200 or 877-352-7273 |

## SummitStone Health Partners

**Services Provided:** Behavioral health crisis support for all ages. Walk-in availability with short-term respite or residential treatment when needed. 10-bed Community Crisis Clinic for up to 5 days (ages 18 and over). Mobile crisis counselors are available to travel throughout Larimer County. Immediate crisis intervention and de-escalation. Follow-up care, assessment, and intervention.

Free and sliding scale fees.

Bilingual services available.

Also see [Mental Health](#).

| Website: [http://summitstonehealth.org](http://summitstonehealth.org) |
| Crisis Walk-In Location: 1217 Riverside Avenue Fort Collins, CO 80524 |
| Hours: Open 24 hours, 7 days a week, 365 days a year. |
| Phone: 970-494-4200 |
| Crisis Line: 1-844-493-TALK (8255) |

## Turning Point Center for Youth & Family Development

**Services Provided:** Individual counseling for teens, as well as family therapy dealing with mental health and substance abuse issues.

Free and sliding scale fees.

Bilingual services available.

Also see [Mental Health, Mentoring](#), and [Substance Abuse](#).

| Website: [www.turningpnt.org](http://www.turningpnt.org) |
| Location: 1644 S. College Avenue Fort Collins, CO 80525 |
| Hours: Monday – Friday, 8:30am – 6:30pm |
| Phone: 970-221-0999 |
| Turning Point Referral Line: 970-567-6461 |
AL-ANON & ALATEEN

**Services Provided:** Support and programming to anyone affected by a relative or friend’s drinking.

Free.

Bilingual services available.

Website: [http://al-anon-noco.org/index.html](http://al-anon-noco.org/index.html)

Location: District 20 PO Box 1207

Fort Collins, CO 80527-1207

Phone: 970-488-1383

24-Hour Contact: 970-2AL-ANON (970-225-2666)

Alcoholics Anonymous

**Services Provided:** Support groups and programming for individuals with alcohol related problems.

Literature translation services available. Spanish speaking only groups vary by region.

Website: [www.northcoloradoaa.org](http://www.northcoloradoaa.org)

Location: 155 N. College Avenue, #114

Fort Collins, CO 80524

Hours: Monday – Friday, 9am – 5pm

Phone: 970-224-3552

Health District of Northern Colorado - Step Free From Tobacco program

**Services Provided:** Step Free From Tobacco Program, a six-week class run by Tobacco Treatment Specialists. Free nicotine patches, gum or lozenges. Individual, buddy or group sessions.

Sliding scale fees.

Bilingual services available.

Also see Mental Health and Health and Emergency Services.

Website: [www.healthdistrict.org/services/quit-smoking](http://www.healthdistrict.org/services/quit-smoking)

Location: 120 Bristlecone Drive

Fort Collins, CO 80524

Hours: Monday – Friday, 8am – 5pm

Phone: 970-224-5209

Phone support help available 24 hours a day

Walk in services: Monday – Friday, 8am – 4pm
<table>
<thead>
<tr>
<th>Larimer County Department of Health &amp; Environment</th>
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<tbody>
<tr>
<td><strong>Services Provided:</strong> Information and resources about tobacco education, prevention, policy, and cessation for youth and adult populations.</td>
</tr>
<tr>
<td>Free and sliding scale fees.</td>
</tr>
<tr>
<td>Bilingual services available.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.larimer.org/health/chs/tobacco/">www.larimer.org/health/chs/tobacco/</a></td>
</tr>
</tbody>
</table>
| **Location:** 1525 Blue Spruce Drive  
Fort Collins, CO 80524 |
| **Hours:** Monday – Friday, 8am – 4:30pm |
| **Phone:** 970-498-6700 |

<table>
<thead>
<tr>
<th>Mountain Crest Behavioral Health Center (UC Health)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Services Provided:</strong> Chemical dependency intensive outpatient program, which focuses on education, prevention of relapse, and effective ways to deal with life stress.</td>
</tr>
<tr>
<td>Also see Mental Health.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.uchealth.org/Pages/Services/Behavioral-Health/Mountain-Crest-Behavioral-Healthcare-Center-Programs.aspx">www.uchealth.org/Pages/Services/Behavioral-Health/Mountain-Crest-Behavioral-Healthcare-Center-Programs.aspx</a></td>
</tr>
</tbody>
</table>
| **Location:** 4601 Corbett Drive  
Fort Collins, CO 80528 |
| **Hours:** Monday – Friday, 9am – 5pm  
*Emergency assessments are available 24 hours a day.* |
| **Phone:** 970-207-4800 |

<table>
<thead>
<tr>
<th>Narcotics Anonymous</th>
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<tbody>
<tr>
<td><strong>Services Provided:</strong> Support groups for individuals with narcotics related problems.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://nacolorado.org/meetings">http://nacolorado.org/meetings</a></td>
</tr>
<tr>
<td>See website for meeting locations and information.</td>
</tr>
<tr>
<td><strong>Phone:</strong> 970-282-8079</td>
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<table>
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<tr>
<th>Team Wellness and Prevention</th>
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</thead>
<tbody>
<tr>
<td><strong>Services Provided:</strong> Alcohol/drug, wellness and prevention education programming to middle and high school students. Presentations for parents on topics related to youth substance use. Convenes community groups. Opportunities for youth activities in safe, substance-free environments.</td>
</tr>
<tr>
<td>Free.</td>
</tr>
<tr>
<td>Bilingual services available.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://teamwandp.org">http://teamwandp.org</a></td>
</tr>
</tbody>
</table>
| **Location:** 201 S College Avenue  
Fort Collins, CO 80524 |
| **Hours:** Monday – Friday, 9am – 4pm |
| **Phone:** 970-224-9931 |
## SUBSTANCE ABUSE

### The Center for Family Outreach

**Services Provided:** Substance abuse prevention classes for youth, and education, intervention, and support for families who are challenged by the adolescent years.

- Free and sliding scale fees.
- Bilingual services available.

<table>
<thead>
<tr>
<th>Website</th>
<th>Location</th>
<th>Hours</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.tcffo.org">www.tcffo.org</a></td>
<td>1100 Poudre River Drive, Suite B Fort Collins, CO 80524</td>
<td>Monday – Friday, 8:30am – 5pm</td>
<td>970-495-0084</td>
</tr>
</tbody>
</table>

### Turning Point Center for Youth & Family Development

**Services Provided:** Short- and long-term substance abuse treatment options (day and residential), addiction education, counseling and therapy, and case management.

- Free and sliding scale fees.
- Bilingual services available.

**Also see** [Mental Health, Crisis Counseling](#), and [Mentoring](#).

<table>
<thead>
<tr>
<th>Website</th>
<th>Location</th>
<th>Hours</th>
<th>Phone</th>
</tr>
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<tbody>
<tr>
<td><a href="http://www.turningpnt.org">www.turningpnt.org</a></td>
<td>1644 S. College Avenue Fort Collins, CO 80525</td>
<td>Monday – Friday, 8:30am – 6:30pm</td>
<td>970-221-0999</td>
</tr>
</tbody>
</table>

**Turning Point Referral Line:** 970-567-6461
## ChildSafe Colorado, Inc.

**Services Provided:** Treatment program for child and adult victims of childhood abuse, particularly child sexual abuse, and their non-offending family members.

- Information and referral, support, education, and therapy.
- Coordinates services with law enforcement, child protection agencies, schools, medical professionals, and other mental health providers.

- Sliding scale fees.

- Bilingual services available.

| Website: | [www.childsafecolorado.org](http://www.childsafecolorado.org) |
| Location: | 1148 East Elizabeth Street, Fort Collins, CO 80521 |
| Hours: | Monday – Thursday, 8am – 7:30pm, Friday, 8am – 2pm |
| Phone: | 970-472-4133 |
| 24-Hour Hotline: | 970-498-6990 |

## Crossroads Safehouse

**Services Provided:** Safe emergency housing, 24 hours a day, 7 days a week, crisis intervention, legal assistance, transitional housing, victim abuse education and information, and referral services.

- Free.

- Bilingual services available.

- Also see Crisis Counseling and Legal Services.

| Website: | [www.crossroadssafehouse.org](http://www.crossroadssafehouse.org) |
| Location: | P.O. Box 993, Fort Collins, CO 80524 |
| Hours: | Monday – Friday, 9am – 5pm |
| 24/7 Crisis/Info Line: | 970-482-3502 |
| Toll-free Crisis Line: | 1-888-541-SAFE (7233) |

## Larimer County Children, Youth and Family Services - Child Protection Services

**Services Provided:** Services to youth (ages 0-18) and their families including: child protection screening and assessment, detention, early intervention services, individual and/or family counseling, 24-hour assistance in investigating allegations of child abuse and neglect.

- Free.

- Bilingual services available.

| Website: | [www.larimer.org/humanservices/cyf/childprotection.htm](http://www.larimer.org/humanservices/cyf/childprotection.htm) |
| Location: | 2555 Midpoint Drive, Suite F, Fort Collins, CO 80525 |
| Hours: | Monday – Friday, 8am – 5pm |
| Phone: | 970-498-6990 |
| Report child abuse or neglect, 24 hours a day / 7 days a week. | Intake specialist available 24 hours a day / 7 days a week. |
Sexual Assault Victim Advocate (SAVA) Center

**Services Provided:** Crisis hotline, direct services, medical and legal advocacy to help sexual assault survivors understand their rights and options. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults.

- Sliding scale fees.
- Bilingual services available.

Also see **Crisis Counseling**.

Voices Carry Child Advocacy Center (formerly Larimer County Child Advocacy Center)

**Services Provided:** Child abuse prevention, victim support, family advocacy, forensic interviews, crisis intervention, follow-up support, referrals (i.e. domestic violence shelters, parenting classes, restraining orders, housing, etc.). Information about victim rights and compensation, and the child protection and criminal justice systems.

- Free.
- Bilingual services available.
## LGBTQ RESOURCES

### Northern Colorado Equality (NOCO Pride)

**Services Provided:** Support, resources, advocacy, and diversity education. Providing safe spaces, meetups and workshops for youth, individuals, and families.

Free.

**Website:** [https://northerncoloradopride.wordpress.com](https://northerncoloradopride.wordpress.com)

**Phone:** 970-445-2863

**Location:**
- 305 W Magnolia, #117
- Fort Collins, CO 80521

### PFLAG Fort Collins/Northern Colorado

**Services Provided:** Support for families, allies, and people who are LGBTQ. Education about unique issues and challenges facing people who are LGBTQ. Advocacy through Safe Schools program.

Free.

**Website:** [http://pflagftcollins.org](http://pflagftcollins.org)

**Phone:** 970-407-0300

**Location:**
- 305 W Magnolia, #117
- Fort Collins, CO 80521
Colorado State University (CSU) offers many diversity programs and services to both CSU and the broader community. If you are interested in more detail about the programming or their knowledge of other relevant community resources, please contact the centers directly at http://studentdiversity.colostate.edu.

MISSION

The mission of all CSU Student Diversity Programs and Services is to enhance all student learning experiences by supporting recruitment and providing retention activities, a sense of shared community, cultural education, leadership opportunities, and fostering efforts to promote social justice as members of a global society.

### Asian/Pacific American Cultural Center (A/PACC)

**Website:**
www.apacc.colostate.edu

**Phone:**
970-491-6154

**Location:**
333 Lory Student Center

### Black/African American Cultural Center (B/AACC)

**Website:**
http://baacc.colostate.edu

**Phone:**
970-491-5781

**Location:**
335 Lory Student Center

### El Centro

**Website:**
www.elcentro.colostate.edu

**Phone:**
970-491-5722

**Location:**
225 Lory Student Center

### Gay, Lesbian, Bisexual & Transgender, Queer, Questioning, and Ally Resource Center (GLBTQA)

**Website:**
www.glbtrc.colostate.edu

**Location:**
232 Lory Student Center

**Phone:**
970-491-4342

### Native American Cultural Center (NACC)

**Website:**
www.nacc.colostate.edu

**Location:**
327 Lory Student Center

**Phone:**
970-491-1332
ENRICHMENT ACTIVITIES

Enrichment refers to the many things that students do beyond their academic pursuits and the normal requirements of their school life. Enrichment activities could include physical activity to develop motor skills, social support in the school, home, or community, access to arts and culture, etc. Enrichment Activities include mentoring, summer and after school activities and learning opportunities.

14 Mentoring
16 Summer and After-School Activities
20 Learning Opportunities
### Campus Connections (formerly Campus Corps)

**Services Provided:** Utilizes CSU undergraduate students to serve as mentors to youth. Students work one-on-one with youth ranging in age from 11-18. Mentors/program provides academic support and career planning, encourages positive social skills development, assists with goal setting, and implements wellness programming.

Referral from counselor or other professional working with youth and families, or direct referral from a family member.

Free.

Bilingual services available.

**Website:** [www.hdfs.chhs.colostate.edu/students/undergraduate/campusconnections](http://www.hdfs.chhs.colostate.edu/students/undergraduate/campusconnections)

**Location:**
Colorado State University
502 W. Lake Street
Gifford Building, Room 142
Fort Collins, CO 80523

**Phone:** 970-492-4004

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### Larimer County Children, Youth and Family Services - Oasis Mentoring Program

**Services Provided:** Utilizes adult mentors as positive role models for school-aged youth who are engaging in risky behaviors and who may have experienced abuse and neglect.

Free.

**Website:** [www.co.larimer.co.us/humanservices/volunteer/mentor.htm](http://www.co.larimer.co.us/humanservices/volunteer/mentor.htm)

**Location:**
2555 Midpoint Drive
Suites E and F
Fort Collins, CO 80525

**Hours:**
Monday – Friday,
8am – 4:30pm

**Phone:** 970-980-2239

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### The Matthews House

**Services Provided:** Mentoring, tutoring, life-skills courses that support youth, ages 14-21, including education advancement, safe places, leadership, mentoring job readiness, and experiential education activities.

Free.

Bilingual services available.

**Website:** [http://thematthewshouse.org/youth](http://thematthewshouse.org/youth)

**Location:**
Youth and Family Center
415 Mason Court., #1
Fort Collins, CO 80524

**Hours:**
Monday – Friday,
9am – 5pm

**Phone:** 970-472-0609

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Also see [Summer and After-School Activities, Learning Opportunities](#), and [Housing/Shelter](#).
Partners Mentoring Youth

**Services Provided:** Social, emotional and academic support through school-based and community-based mentoring programs matching at risk youth ages 7-17 with adult volunteers for mentoring and life skill activities.

Referral from counselor or other professional who works with youth and families needed.

Free.

Bilingual services available.

Turning Point Center for Youth & Family Development

**Services Provided:** Mentoring for elementary, middle, and high school students. Services include pro-social recreational and leisure activities, life skills development, social skills development, transportation, connections to community activities, help with homework and tutoring, and assistance with education and employment applications and interviews.

Free and sliding scale fees.

Bilingual services available.

Also see Mental Health, Crisis Counseling, and Substance Abuse.
**SUMMER AND AFTER-SCHOOL ACTIVITIES**

**B.A.S.E. Camp, Inc.**

**Services Provided:** Affordable, accessible, and safe year-round before and after school activities for youth, pre-school through 7th grade (ages 3 to 14), that support classroom learning, provide help with homework, include snacks, arts and crafts, sports, science, and music activities along with summer camp learning.

Sliding scale fees.

Bilingual services available.

Also see [Learning Opportunities](#) and [Childcare](#).

**Boys & Girls Club of Larimer County**

**Services Provided:** Onsite recreational, educational, and life skill programming for youth, ages 6-18. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is $10/year.

Bilingual services available.

Also see [Learning Opportunities](#).

**Colorado State University Youth Sports Camps**

**Services Provided:** Variety of summer camp programs throughout the summer, ranging from specific sport training camps (such as baseball camps, basketball camps, inline hockey camps, lacrosse camps, soccer camps, softball camps, tennis camps, and volleyball camps) to multi-activity camps like music and movement (dance, martial arts, aerobics, and gymnastics camps), Super Sport (swim lessons, field trips, and health sport-specific programming), FunLIFE (health and nutrition camps), and Sport Science.

Fee-based. Scholarships available.
## SUMMER AND AFTER-SCHOOL ACTIVITIES

### The Family Center/La Familia

**Services Provided:** Services and advocacy for families, with the primary goal to strengthen and stabilize families with children.

The After-School Program is a homework assistance program for students, grades K-12. The program provides afternoon snack, homework/reading help, fun activities, and positive mentoring relationships to support social and academic success.

The Family Center offers an 8-week summer program, Monday – Friday, 9am – 3pm.

Sliding scale fees.

Bilingual services available.

Also see [Childcare](#).

### Fort Collins Museum of Discovery

**Services Provided:** Programs and events ranging from musical performances and lectures to stargazing and hands-on science labs, as well as youth summer programs.

Opportunity Program offers free memberships to Head Start students and their families; covers the admission fees for Free and Reduced Lunch students visiting on school field trips; provides a limited number of scholarships for summer programs; and supports FCMOD’s quarterly free days.

Some programs fee-based, others are free.

Bilingual services available.

### The Fort Collins Recreation Department / The Recreator

**Services Provided:** The Recreator is a comprehensive community resource that includes information on City of Fort Collins Recreation facilities, programs, events and activities. The Recreator features a diverse collection of community-wide opportunities for all ages and abilities. The Recreator is published quarterly and available throughout the community and online.

### Website

- [http://thefamilycenterfc.org](http://thefamilycenterfc.org)
- [http://fcmod.org](http://fcmod.org)
- [www.fcgov.com/recreator](http://www.fcgov.com/recreator)

### Location

- The Family Center/La Familia:
  - 309 Hickory Street, #5
  - Fort Collins, CO 80524
- Fort Collins Museum of Discovery:
  - 408 Mason Court
  - Fort Collins, CO 80524
- The Fort Collins Recreation Department / The Recreator:
  - 408 Mason Court
  - Fort Collins, CO 80524
SUMMER AND AFTER-SCHOOL ACTIVITIES

Friends of the Gardens on Spring Creek

**Services Provided:** Variety of youth programs, classes, and special events to introduce and engage children to the wonders of the natural world.

Ongoing programs, one-time classes, and spring break and summer camps are developed with all age groups in mind, including toddlers and preschoolers. Many parent and child opportunities exist in addition to several experiential opportunities.

Low cost and scholarships for youth specific classes and programs to income-qualifying families.

Bilingual services available.

**Website:**
[www.fcgov.com/gardens](http://www.fcgov.com/gardens)

**Location:**
2145 Centre Avenue
Fort Collins, CO 80526

**Hours May 1 – Sept. 30:**
Monday – Friday, 9am – 5pm
Saturday, 9am – 4pm
Sunday, 12pm – 5pm

**Hours Oct. 1 – Apr. 30**
Monday – Friday, 9am – 5pm
Saturday, 9am – 4pm
(closed Sunday)

**Phone:**
970-416-2486

The Matthews House

**Services Provided:** Various family and youth programing opportunities to children, adults and families such as dance programs, Zumba, pickup basketball, parenting classes, Homework Helpers, job readiness and one-on-one Transition Facilitation for families. Adult/education programs as well as after school programming for elementary and middle school youth.

Open to the public and free.

Bilingual services available.

Also see Mentoring, Learning Opportunities, and Housing/Shelter.

**Website:**
[http://thematthewshouse.org/community-center](http://thematthewshouse.org/community-center)

**Two Locations:**
Community Life Center at Fullana Community Center
220 N. Grant Avenue
Fort Collins, CO 80521

Entrance/parking off Loomis

**Hours:**
Monday – Friday, 9am – 7pm
Saturday, 12pm – 5pm

**Phone for both centers:**
970-449-5191

Community Life Center at Genesis Project
400 S. Link Lane
Fort Collins, CO 80524

**Hours:**
Monday – Friday, 9am – 7pm
Saturday, 12pm – 5pm
Northside Aztlan Community Center

**Services Provided:** Fitness and events facility with a variety of activities, classes, programs, sports, and special events.

Partnership with Vida Sana provides discounted access to the center and programs.

Some programs are fee-based, others are free.

Bilingual services available.

**Website:**
www.fcgov.com/recreation/north-aztlan.php

**Location:**
112 E. Willow Street
Fort Collins, CO 80524

**Hours:**
Monday – Friday,
6am – 9pm
Saturday, 8am – 5pm
Sunday, 9am – 5pm

**Youth Nights:**
Thursday, 3pm – 9pm
*Free for ages: 12-18*

Organized activities are designed for ages 12 – 18 years, but all ages are welcome. Organized activities take place from 6pm – 8pm.
# B.A.S.E. Camp, Inc.

**Services Provided:** Affordable, accessible, and safe year-round before and after school activities for youth, pre-school through 7th grade (ages 3 to 14), that support classroom learning, provide help with homework, include snacks, arts & crafts, sports, science and music activities along with summer camp learning.

Sliding scale fees.

Bilingual services available.

Also see [Summer and After-School Activities](#) and [Childcare](#).

**Website:** [http://mybasecampkids.org](http://mybasecampkids.org)

**Location:**
- 1224 E. Elizabeth Street
- Fort Collins, CO 80524

**Hours:**
- Monday – Friday,
- 8am – 5pm

**Phone:** 970-266-1734

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# Boys & Girls Club of Larimer County

**Services Provided:** Onsite recreational, educational, and life skill programming for youth, ages 6-18. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is $10/year.

Bilingual services available.

Also see [Summer and After-School Activities](#).

**Website:** [www.begreatlarimer.org](http://www.begreatlarimer.org)

**Program Support Office:**
- 103 Smokey Street
- Fort Collins, CO 80525

Clubhouses are located in Fort Collins, Wellington, Estes Park and Loveland, find locations here:
- [www.begreatlarimer.org/Pages/Contact.php](http://www.begreatlarimer.org/Pages/Contact.php)

**School Day Hours:**
- Monday – Friday,
- 2:30pm – 7pm

**Out of School Day Hours:**
- Monday - Friday,
- 7:30am - 6:00pm

**Summer Programs:**
- Monday – Friday,
- 7:30am – 6pm

**Phone:** 970-484-5198

Programming occurs when schools are closed, winter and spring breaks and during the summer months.

---

# Center for Community Literacy

**Services Provided:** Alternative literacy opportunities designed to educate and empower underserved populations (e.g. incarcerated juveniles and adults, adult learners, women, at risk youth, English Language Learners) and to support university-community literacy outreach programs.

Free.

**Website:** [http://literacy.colostate.edu](http://literacy.colostate.edu)

**Location:**
- Colorado State University
- 346A Eddy Hall
- Fort Collins, CO 80523

**Phone:** 970-491-7251
## LEARNING OPPORTUNITIES

### Children’s Speech & Reading Center

**Services Provided:** Free screenings and professional and affordable treatment and therapy services to children (birth-12 years old) with speech, language, or reading delays.

Free.

Bilingual services available.

### The Matthews House

**Services Provided:** Various family and youth programing opportunities to children, adults and families such as dance programs, Zumba, pickup basketball, parenting classes, Homework Helpers, job readiness and one-on-one Transition Facilitation for families. Adult education programs as well as after school programming for elementary and middle school youth.

Open to the public and free.

Bilingual services available.

Also see **Mentoring, Summer and After-School Activities**, and **Housing/Shelter**.

<table>
<thead>
<tr>
<th>Website:</th>
<th>Location:</th>
<th>Hours:</th>
<th>Phone:</th>
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<tbody>
<tr>
<td><a href="http://www.csrckids.org">www.csrckids.org</a></td>
<td>1330 Oakridge Drive, Suite #10 Fort Collins, CO 80525</td>
<td>Monday – Friday, 8am – 5pm</td>
<td>970-419-0486</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Website:</th>
<th>Location:</th>
<th>Hours:</th>
<th>Phone:</th>
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<tbody>
<tr>
<td><a href="http://www.thematthewshouse.org/community-center/">www.thematthewshouse.org/community-center/</a></td>
<td>Community Life Center at Fullana Community Center 220 N. Grant Avenue Fort Collins, CO 80521 Entrance/parking off Loomis</td>
<td>Monday – Friday, 9am – 7pm Saturday, 12pm – 5pm</td>
<td>970-449-5191</td>
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<tr>
<th>Location:</th>
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<tbody>
<tr>
<td>Community Life Center at Genesis Project 400 S. Link Lane Fort Collins, CO 80524</td>
<td>Monday – Friday, 9am – 7pm Saturday, 12pm – 5pm</td>
<td>970-449-5191</td>
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<thead>
<tr>
<th>Location:</th>
<th>Hours:</th>
<th>Phone:</th>
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<tbody>
<tr>
<td>Youth and Family Center 415 Mason Court, #1 Fort Collins, CO 80524</td>
<td>Monday – Friday, 9am – 5pm</td>
<td>970-472-0609</td>
</tr>
</tbody>
</table>
## Poudre River Public Library District

**Services Provided:** Community resources for youth and adult education, and a variety of programming and classes focused on learning.

- Free.
- Bilingual services available.

**Website:**
www.poudrelibraries.org

<table>
<thead>
<tr>
<th>Three Locations:</th>
<th>Hours:</th>
<th>Phone:</th>
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</thead>
<tbody>
<tr>
<td>Fort Collins Library</td>
<td>Monday - Thursday, 9am - 9pm, Friday, 9am - 6pm, Saturday 9am - 5pm, Sunday, 12 - 5pm</td>
<td>970-206-8204</td>
</tr>
<tr>
<td>201 Petersons Street, Fort Collins, CO 80521</td>
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<tr>
<th>Harmony Library</th>
<th>Hours:</th>
<th>Phone:</th>
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<tbody>
<tr>
<td>Monday - Thursday, 9am - 9pm, Friday, 9am - 6pm, Saturday 9am - 5pm, Sunday, 12 - 5pm</td>
<td>970-204-8206</td>
<td></td>
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<tr>
<td>4616 S Shields Street, Fort Collins, CO 80526</td>
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<thead>
<tr>
<th>Council Tree Library</th>
<th>Hours:</th>
<th>Phone:</th>
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<tbody>
<tr>
<td>Monday - Saturday, 9am - 9pm, Sunday, 12 - 6pm</td>
<td>970-221-6740</td>
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</tr>
<tr>
<td>2733 Council Tree Avenue, #200, Fort Collins, CO 80525</td>
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</tbody>
</table>
Basic Needs refers to fundamental requirements that serve as the foundation for survival. Access to the basic needs of life is necessary to the development of a strong community and a necessary precursor to individual self-sufficiency. Basic Needs include food and clothing, housing/shelter, health and emergency services, childcare, transportation, disability services, and legal services.

25 Food and Clothing
28 Housing / Shelter
31 Health and Emergency Services
34 Transportation
36 Disability Services
37 Childcare
39 Legal Services
INCOME ELIGIBILITY There are a number of agencies listed in this Basic Needs domain that have income eligibility requirements for services. Individuals should inquire about eligibility.

Please reference the table for guidance on common income eligibility guidelines.

<table>
<thead>
<tr>
<th></th>
<th>100% FPL</th>
<th>130% FPL Free Lunch</th>
<th>185% FPL Reduced Lunch, Food Bank Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-Member Household</td>
<td>$20,090</td>
<td>$26,117</td>
<td>$37,167</td>
</tr>
<tr>
<td>4-Member Household</td>
<td>$24,250</td>
<td>$31,525</td>
<td>$44,863</td>
</tr>
</tbody>
</table>
## Christ Center Church

**Services Provided:** Food, clothing, and household items. Clients must live in the Poudre School District, and present social security cards for each person in the household and proof of income sources.

Eligible clients may receive food and clothing once a month for three months.

**Website:** [www.christcenter.cc/ministry_outreach_center.htm](http://www.christcenter.cc/ministry_outreach_center.htm)

**Location:**
2700 South Lemay Avenue
Fort Collins, CO 80525

**Outreach Center Hours:**
Monday – Thursday,
8:30am – 11:15am

**Phone:** 970-224-4442

## Food Bank for Larimer County

**Services Provided:** Emergency food for low income families and individuals and provides hunger-relief and nutrition programs.

Free.

Bilingual services available.

**Website:** [www.foodbanklarimer.org](http://www.foodbanklarimer.org)

**Location:**
1301 Blue Spruce Drive
Fort Collins, CO 80524

**Business Office Hours:**
Monday – Friday,
8am – 4:30pm

**Food Share Hours:**
Monday – Friday,
1pm – 6pm

**Phone:** 970-493-4477

## Fort Collins Rescue Mission

**Services Provided:** Overnight shelter, a day center, meals, clothing and help to homeless men and women. Christian, secular, and family oriented programs are offered.

Free.

Bilingual services available.

Also see Housing/Shelter.

**Website:** [www.fortcollinsrescuemission.org](http://www.fortcollinsrescuemission.org)

**Location:**
316 Jefferson St.
Fort Collins, CO 80524

**Hours (7 days a week):**
Day Center: 8am – 4:30pm
Overnight Check-In: 6pm – 7pm

**Phone:** 970-224-4302
HOMELESS GEAR (HOUSED IN THE MURPHY CENTER)

**Services Provided:** Clothing and non-perishable food, periodic distribution of clothing for children, street outreach to the homeless, support to help families access benefits, job counseling, and a One Village One Family program that provides support for families in need of stable housing.

Free.

Bilingual services available.

**Kids Closet – First United Methodist Church**

**Services Provided:** Gently used clothing for children sizes newborn – 16.

Free.

**Website:**
http://fcfumc.net/outreach/kidscloset

**Location:**
1005 Stover Street
Fort Collins, CO 80524

**Hours:**
The Kids’ Closet is open Wednesdays 3pm – 6pm, Saturdays 9am – 12pm or by appointment.

**Phone:**
970-482-2436 or 970-482-7365

**Larimer County Department of Health and Environment - WIC (Women Infants Children)**

**Services Provided:** Support to pregnant women or women with children under 5 in a low income bracket. Special supplemental nutrition program for women, infants, and children. Provides nutritious foods and nutrition education to pregnant, breastfeeding, and postpartum women.

Free.

Bilingual services available.

**Larimer County - Food, Medical, and Financial Assistance**

**Services Provided:** Food stamps (SNAP), nutrition education programs, and food safety information.

Free.

Bilingual services available.

**Website:**
http://homelessgear.org

**Location:**
242 Conifer Street
Fort Collins, CO 80524

**Hours:**
Monday – Friday, 8am – 5pm

**Phone:**
970-658-9878
## Meals on Wheels

**Services Provided:** Meals to homebound seniors, individuals with disabilities or adults who are recovering from illness or surgery and are unable to prepare meals for themselves.

Free.

Bilingual services available.

| Website: | www.fcmow.org |
| Location: | 1217 E. Elizabeth Street, Unit 11 |
| Hours: | Monday – Friday, 8:30am – 1:30pm |
| Phone: | 970-484-6325 |

## Saint Joseph Catholic Church’s - Mary’s Closet Clothing Bank

**Services Provided:** Free store for those in need including clothing and footwear, sample-sized toiletries, toys, and books.

Free shopping visits to Mary’s Closet are limited on a per year basis. A valid ID is required.

Free.

| Website: | www.stjosephfc.org/maryl-closet |
| Location: | 101 North Howes Street |
| Hours: | Tuesday, Wednesday, Thursday, 9am – 1:45pm |
| Phone: | 970-482-4148 |

## Salvation Army

**Services Provided:** Food Pantry provides free, fresh produce and canned goods.

Food box program provides food, including baby and pet needs twice a month. Meal Programs provide sit-down community meals and, mobile meals delivered to those who cannot reach a food distribution center.

Free.

Bilingual services available.

| Website: | http://fortcollins.salvationarmy.org |
| Location: | 3901 S. Mason Street |
| Hours: | For information: Monday or Wednesday, 10am – 12pm |
| Phone: | 970-207-4473 |

Breakfast: Monday – Friday, 8am – 12pm

To-go lunches: Monday – Friday, 11am – 4pm
## Catholic Charities – The Mission

**Services Provided:** Shelter and housing programming.

Free.

Bilingual services available.

Also see Health and Emergency Services and Legal Services.

### Website:

### Location:
460 Linden Center Drive
Fort Collins, CO 80524

### Phone:
970-484-5010

## Faith Family Hospitality

**Services Provided:** Emergency and stabilizing services needed for parents and children. Shelters and feeds families in overnight shelter program (limited space), case management services, day center, and transitional housing.

Free.

### Website:
[http://www.faithfamilyhospitality.org](http://www.faithfamilyhospitality.org)

### Location:
300 East Oak Street
Fort Collins, CO 80524

### Hours:
- Monday, Tuesday, Thursday, 9am – 6pm
- Wednesday, Friday, 9am – 5pm
- Saturday, 9am – 4pm

### Phone:
970-484-3342

## Fort Collins Housing Catalyst (formerly Fort Collins Housing Authority)

**Services Provided:** Safe and affordable housing, through offering multiple solutions to affordable housing, administers Public Housing and Housing Choice Voucher (HCV) programs.

Free.

Bilingual services available.

### Website:
[https://housingcatalyst.com](https://housingcatalyst.com)

### Location:
1715 W. Mountain Avenue
Fort Collins, CO 80521

### Hours:
Monday – Friday, 8am – 5pm

### Phone:
970-416-2910
Fort Collins Rescue Mission

**Services Provided:** Overnight shelter, a day center, meals, clothing and help to homeless men and women. Christian, Secular, and Family oriented programs are offered.

Free.

Bilingual services available.

Also see Food and Clothing.

The Matthews House - The HOST Program (Housing Opportunities Supporting Transition)

**Services Provided:** Temporary home for children, youth, and families who are in a crisis situation, through volunteer HOST families.

Free.

Bilingual services available.

Also see Mentoring, Summer and After-School Activities, and Learning Opportunities.

Larimer County - Food, Medical, and Financial Assistance - LEAP

**Website:** [www.larimer.org/humanservices/assistance/leap.htm](http://www.larimer.org/humanservices/assistance/leap.htm)

**Location:**
- 1501 Blue Spruce Drive
- Fort Collins, CO 80524

**Hours (7 days a week):**
- Day Center: 8am – 4:30pm
- Overnight Check-In: 6pm – 7pm

**Phone:** 970-498-6300

**Website:** [www.fortcollinsrescuemission.org](http://www.fortcollinsrescuemission.org)

**Location:**
- 316 Jefferson Street
- Fort Collins, CO 80524

**Hours (7 days a week):**
- Day Center: 8am – 4:30pm
- Overnight Check-In: 6pm – 7pm

**Phone:** 970-224-4302

**Website:** [http://thematthewshouse.org/host/](http://thematthewshouse.org/host/)

**Location:**
- Youth and Family Center
- 415 Mason Court., #1
- Fort Collins, CO 80524

**Hours:**
- Monday – Friday,
  - 9am – 5pm

**Phone:** 970-472-0609
## Murphy Center for Hope

**Services Provided:** Both a core service provider and a collaborative of agencies assembled under one roof to serve anyone who is homeless or at risk of becoming homeless. Facilitates 10 core services in addition to the wide array of programs and services offered by 4 core agencies and 11 participating agencies, mail, lockers, shower and hygiene supplies, laundry, computers & Wi-Fi, bus passes, telephones/long distance calling.

- **Free.**
- **Bilingual services available.**

Also see [Transportation](#) and [Legal Services](#).

**Website:**
http://murphycenter.org/our-services/service-providers/

*Visit the website for a full list of partner agencies located at the Murphy Center.*

<table>
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<tr>
<th>Location</th>
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<tbody>
<tr>
<td>242 Conifer Street</td>
<td>Monday – Friday,</td>
<td>970-494-9940</td>
</tr>
<tr>
<td>Fort Collins, CO 80524</td>
<td>8am – 5pm</td>
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</table>

**Website:**
http://n2n.org

Some services require appointment, calling ahead is recommended.

## Neighbor to Neighbor

*Merged with Homelessness Prevention Initiative in November 2016.*

**Services Provided:** Housing services including assistance in finding housing, counseling for homeowners, and rent assistance.

- **Free.**
- **Bilingual services available.**

**Website:**
http://n2n.org

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<tr>
<th>Location</th>
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<th>Phone</th>
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<tbody>
<tr>
<td>1550 Blue Spruce Drive, Fort Collins, CO 80524</td>
<td>Monday – Thursday, 8am – 5pm, Closed daily 12pm – 1pm, Friday, 8am – 12pm</td>
<td>970-484-7498</td>
</tr>
</tbody>
</table>
## Banner Health

**Services Provided:** Full-service, acute-care hospital offering emergency care, orthopedics, general surgery, women’s health, labor and delivery, gastroenterology, urology, pulmonology, intensive care and other medical and surgical services.

- Sliding scale fees.
- Bilingual services available.

**Website:** [www.bannerhealth.com/locations/fort-collins/banner-fort-collins-medical-center](http://www.bannerhealth.com/locations/fort-collins/banner-fort-collins-medical-center)

**Location:** 4700 Lady Moon Drive
Fort Collins, CO 80528

**Hours:** 24/7, various clinics

**Phone:** 970-821-4000

## Catholic Charities

**Services Provided:** Emergency assistance program, food boxes, emergency shelter; help completing benefits forms.

- Free.
- Bilingual services available.

Also see [Housing/Shelter](http://ccdenver.org/larimer-county-services/) and [Legal Services](http://ccdenver.org/larimer-county-services/).

**Website:** [http://ccdenver.org/larimer-county-services/](http://ccdenver.org/larimer-county-services/)

**Location:** 460 Linden Center Drive
Fort Collins, CO 80524

**Hours:** Monday – Thursday, 1pm – 4pm
- By appointment for emergency utility assistance, transportation assistance and government ID assistance.

**Phone:** 970-484-5010

**Emergency Assistance:** 970-484-5010

## Health District of Northern Colorado - Family Dental Clinic

**Services Provided:** Prescription assistance, mental health, dental, preventive, and health planning services to our community.

- Sliding scale fees.
- Bilingual services available.

Also see [Mental Health](http://ccdenver.org/larimer-county-services/) and [Substance Abuse](http://ccdenver.org/larimer-county-services/).

**Website:** [www.healthdistrict.org/services/dental-services](http://www.healthdistrict.org/services/dental-services)

**Location:** 202 Bristlecone Drive
Fort Collins, CO 80524

**Hours:** Monday – Friday, 8am – 5pm
- Appointments are required.

**Phone:** 970-416-5331
HEALTH AND EMERGENCY SERVICES

Larimer County Health and Environment

Services Provided: Health and family planning, preventive services, immunizations, and special programs for all ages.

- Free and sliding scale fees.
- Bilingual services available.

Poudre Valley Hospital

Services Provided: Full-service hospital offering emergency services, health treatments, surgeries, and diagnostic tests in more than three dozen medical specialties.

- Sliding scale fees.
- Bilingual services available.

Salud Family Health Center

Services Provided: Screening for stressors and immediate support and/or referrals as necessary. Mobile health unit provides comprehensive medical services. Also provides outreach to migrant school age children with immunization, dental care, and medical services.

- Sliding scale fees.
- Bilingual services available.
- Also see Mental Health.

Website: [www.larimer.org/humanservices/assistance](http://www.larimer.org/humanservices/assistance)
Location: 1525 Blue Spruce Drive
Fort Collins, CO 80524
Hours: Monday – Friday,
8am – 4:30pm
Phone: 970-498-6700

Website: [www.uchealth.org/Pages/Home.aspx](http://www.uchealth.org/Pages/Home.aspx)
Location: 1024 S. Lemay Avenue
Fort Collins, CO 80524
Hours: 24/7, various clinics, see website for locations
Phone: 970-495-7000

Website: [www.saludclinic.org](http://www.saludclinic.org)
Two Locations:
1635 Blue Spruce Drive
Fort Collins, CO 80524
Medical Hours: Monday – Wednesday,
7:30am – 7pm
Thursday – Friday,
7:30am – 5pm
Dental Hours: Monday – Friday,
8am – 5pm
Phone (for both locations): 970-484-0999
24-hour access to a health provider by phone:
303-MYSALUD (697-2583)

1830 Laporte Avenue
Fort Collins, CO 80521
Medical Hours: Monday – Friday,
7:30am - 5:00pm
Dental Hours: Monday – Friday,
8:30am – 4:30pm
### The Youth Clinic

**Services Provided:** Medical services to infants, children and young adults, along with prevention and wellness programs.

- Sliding scale fees.
- Bilingual services available.

**Website:** [http://youthclinic.com/](http://youthclinic.com/)

<table>
<thead>
<tr>
<th>Two Locations</th>
<th>Hours</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>1200 East Elizabeth Street&lt;br&gt;Fort Collins, CO 80524</td>
<td>Monday – Friday,&lt;br&gt;8am – 4:30pm</td>
<td>970-267-9510</td>
</tr>
<tr>
<td>1214 Oak Park Drive&lt;br&gt;Fort Collins, CO 80525</td>
<td>Monday – Friday,&lt;br&gt;8am – 5pm</td>
<td>970-267-9510</td>
</tr>
</tbody>
</table>
## Dial a Ride

**Services Provided:** Dial-A-Taxi provides transportation for passengers with a disability that prevents them from using the fixed route bus service. Provides round-trip transportation throughout Fort Collins.

- $2.50 per one-way trip.
- Bilingual services available.

### Typical Service Hours
- Monday – Saturday, 6am – 11pm
- Except published holidays

### Contact Information
- **Phone:** 970-224-6066
- **Website:** [www.ridetransfort.com/schedules/dial-a-ride](http://www.ridetransfort.com/schedules/dial-a-ride)

## Murphy Center for Hope

**Services Provided:** Provides a number of basic needs services including transportation assistance, and bus passes.

- Free.
- Bilingual services available.

*Also see [Housing/Shelter](#) and [Legal Services](#).*

### Website
- [http://murphycenter.org/our-services/service-providers/](http://murphycenter.org/our-services/service-providers/)

*Visit the website for a full list of partner agencies located at the Murphy Center.*

### Contact Information
- **Location:** 242 Conifer Street, Fort Collins, CO 80524
- **Phone:** 970-494-9940
- **Hours:** Monday – Friday, 8am – 5pm

*Some services require appointment, calling ahead is recommended.*

## SAINT Care-A-Van

**Services Provided:** Personal transportation to people sixty years old and older, and people with disabilities that prevent them from driving.

- Free.
- Some bilingual services available.

### Contact Information
- **Location:** 333 West Drake Road, Suite 42, Fort Collins, CO 80526
- **Phone:** 970-223-8604
- **Hours:** Monday – Friday, 8:15am – 4pm
- **Website:** [www.saintvolunteertransportation.org](http://www.saintvolunteertransportation.org)

*Must pre-schedule ride.*
## Transfort

**Services Provided:** Bus transportation throughout Fort Collins city area.

Youth 17 and under or students enrolled in high school are able to ride on the Transfort bus system for free if they have a photo ID.

Bilingual services available.

| Website: | www.ridetransfort.com |
| Location: | 250 N. Mason Street, Fort Collins, CO 80524 |
| Phone: | Information and Customer Service 970-221-6620 |

**NOTE:** Many agencies in this Resource Guide are able to offer free bus passes/reduced fare with Transfort.
## Disabled Resource Services

**Services Provided:** Independent living skills training, assistive technology training, budget counseling, peer support, employment assistance, Social Security assistance, nursing home transitions, home accessibility enhancements, advocacy and information and referral services.

Equipment loan of durable medical items. Free/low cost.

Bilingual services available.

**Website:** [http://disabledresourceservices.org](http://disabledresourceservices.org)

**Location:**
1017 Robertson Street,
Unit B
Fort Collins, CO 80524-3915

**Hours:**
Monday – Friday,
8:30am – 4:30pm
Closed daily 12pm – 1pm

**Phone:** 970-482-2700

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## Foothills Gateway

**Services Provided:** Services and supports for Larimer County residents who are determined eligible for services through the cognitive disabilities system. Assistance is given to individuals and their families either through direct services or by purchasing services from other service agencies.

Free and sliding scale fees.

Bilingual services available.

**Website:** [www.foothillsgateway.org](http://www.foothillsgateway.org)

**Location:**
301 W. Skyway Drive
Fort Collins, CO 80526

**Hours:**
Monday – Friday,
8am – 4:30pm

**Phone:** 970-226-2345

**After Hours Emergency:** 970-226-2345

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## Respite Care, Inc.

**Services Provided:** Short-term care to children with developmental disabilities and respite care to their families.

Sliding scale fees (based on income tax forms).

Bilingual services available.

**Website:** [http://respitecareinc.org](http://respitecareinc.org)

**Location:**
6203 S. Lemay Avenue
Fort Collins, CO 80525

**Hours:**
Monday – Friday,
8am – 5pm

**Phone:** 970-207-9435
### B.A.S.E. Camp, Inc.

**Services Provided:** Affordable, accessible, and safe year-round before and after school activities for youth, pre-school through 7th grade (ages 3 to 14), that support classroom learning, provide help with homework, include snacks, arts & crafts, sports, science, and music activities along with summer camp learning.

- Sliding scale fees.
- Bilingual services available.

Also see [Learning Opportunities](#) and [Summer and After-School Activities](#).

### Early Childhood Council of Larimer County

**Services Provided:** Childcare referrals.

- Sliding scale fees.
- Bilingual services available.

### The Family Center/La Familia

**Services Provided:** Childcare services and advocacy with the primary goal of strengthening and stabilizing families with children. Includes El Nidito, Early Head-start, experiential play, and summer programming.

- Sliding scale.
- Bilingual services available.

Also see [Summer and After-School Activities](#).
Larimer County Children, Youth and Family Services - Childcare Assistance Program (CCAP)

**Services Provided:** Financial assistance for childcare services to families who meet the income guidelines and who are in an eligible activity. Assistance to families enrolled in the Colorado Works program who need childcare services to support their efforts towards self-sufficiency.

Sliding scale fees, both no cost and tuition based.

Bilingual services available.

*As of October 2016 applicants are being placed on a waiting list.*

Poudre School District – Early Childhood Education

**Services Provided:** Quality preschool available through the Early Childhood Program for children birth to 5 years old. Also prenatal, infant, and toddler offerings, preschool offerings, student screening and evaluation, referrals and family and parenting education. In addition to ECE classrooms in many district elementary schools, there are two Learning Centers.

Sliding scale fees. Services and support to families who meet the Early Head Start eligibility requirements.

Bilingual services available.

Teaching Tree Early Childhood Learning Center

**Services Provided:** Affordable, quality early childhood and educational programs for infants, toddler and pre-school youth.

Sliding scale fees.

Bilingual services available.
Catholic Charities

**Services Provided:** Emergency assistance program, legal support, help filling out forms, etc.

Free.

Bilingual services available.

Also see Housing/Shelter and Health and Emergency Services.

Colorado Legal Services

**Services Provided:** Access to civil legal services for low-income persons and members of vulnerable populations.

Must meet financial and citizen/eligible non-citizen eligibility requirements. Some offices also assist seniors age 60 and over, regardless of income, in certain civil legal matters.

Free.

Bilingual services available.

Crossroads Safehouse

**Services Provided:** Legal assistance via the Bringing Justice Home Project that assists low-income domestic violence, sexual assault, dating violence and stalking survivors by providing legal representation in a wide range of legal matters including, but not limited to, civil protection orders, divorce, and custody cases.

Free.

Bilingual services available.

Also see Physical/Sexual Abuse and Neglect and Crisis Counseling.
### Murphy Center for Hope (through core agency partners)

**Services Provided:** Legal services including benefits enrollment, Colorado ID Voucher, driver’s license vouchers, and social security disability benefits applications.

Free.

Bilingual services available.

Also see [Housing/Shelter](#) and [Transportation](#).

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*Some services require appointment, calling ahead is recommended.*
As noted earlier, this guide is not meant to be comprehensive of all resources in our community that support youth and families. Below are just a few additional resources that may provide further support.

**United Way of Larimer County 2-1-1**
www.uwaylc.org/get-help

**Partnership for Healthy Youth**
http://cophy.org/co-health-resource-guide

**Biz West Community Giving Guide**
Directory of nonprofits serving Boulder, Broomfield, Larimer, and Weld counties.
http://bizwest.com/bw_2016_nc_giving_guide_flyp

**Larimer County Resource Guide**
http://larimerresource.blogspot.com