

Secondary P.E. Wellness Waiver CHSAA Sponsored Unified Sport/Activity

Poudre School District Policy and Guidelines

- Students may waive 2.5 credit hours for successfully participating in and completing two seasons of a Colorado High School Activities Association (CHSAA) sponsored unified sports or activities during their high school career.
- The total accumulation of Wellness waiver credit may not exceed 5.0 credit hours, this is equivalent to four seasons of a sport or activity. Unified activities may be repeated for credit.
- All waivers must be completed and submitted for signature approval in the same semester that the sport/activity is completed.
- Students who qualify for a waiver are still required to earn the remaining credits necessary to fulfill PSD graduation requirements.

| Student Name: | | Student ID#: | |
|---|-----------------------|----------------|----------------------|
| Poudre School District CHSAA Sport/Activity (please circle) | | | |
| Unified Basketball | Unified Flag Football | Unified Soccer | Unified Cheerleading |
| Required Signatures | <u>s:</u> | | |
| Student: | | | |
| Parent/Guardian: | | | |
| Season 1 Coach: | | | Season: |
| Season 2 Coach: | | | Season: |
| ** I guarantee that the above-named student has participated in a minimum of 20-25 hours (40-45 total hours for both seasons) of competitive athletics/activity and has finished the season in good standing in order to earn a waiver of 2.5 Wellness credits. | | | |
| Site Administrator: | | | Date: |

*This form may be housed with the school registrar between the Unified Sport/Activity seasons.